



Code of Conduct for Players

- Always conduct yourself with respect.
- Always respect other people and property – you are an ambassador for the club at all times.
- Maximum effort is a minimum requirement – always take pride in your performance, even at training.
- Attend all training sessions and games punctually.
- Pay complete attention to the coaching staff.
- Always wear the appropriate training gear.
- Always wear shin guards for all training and matches.
- Always warm-up and warm-down before and after training and matches.
- Always help with equipment during practice. You should not need to be asked.
- Always get a good night's sleep prior to any games.
- Learn the rules of the game.
- Be appreciative of your parent's support.
- Have a good attitude, both on and off the field.

Practice & Game Player Commitment

- All training, practices and games are mandatory.
- Teams will normally train 2-3 times a week.
- If a player does not train, they will not play.
- There is NO GUARANTEED playing time in Sachems FC.
- Playing time is based on attitude, commitment, ability, and merit.

Tournaments

- Teams will attend 2 - 6 tournaments annually.
- This includes Labor Day weekend, Memorial Day weekend and MA State Cup or Presidents Cup.
- Each team's Head Coach in conjunction with the Executive Director of Soccer will select tournaments.

Classic Guidelines

- Sachems FC teams will have a Head Coach, and a Team Manager.
- Sachems FC Executive Director of Soccer will assign or approve assistant coaches for each team.
- The Head Coach will select the Team Manager.

Match Conduct

- Be proud of your appearance on the field. Make sure your cleats are polished before each training session and match.
- Always show good sportsmanship.
- Accept any decision given by the referee.
- Never retaliate, verbally or physically, no matter what the provocation may be.
- Always apply correct dress code when traveling.



I agree to abide by the rules and guidelines listed above and accept that failure to follow these rules may result in disciplinary action such as suspension from the club,

Player's signature: _____

Parent's signature: _____

Date: _____ Team B _____ or G _____

The Role & Code of Conduct of the Sachems FC Parents

To have a successful program, there must be understanding and cooperation among parents, players, and coaches. Your child's progress will depend, to a great extent, on this triangular relationship. With this in mind, Sachems FC, asks you to consider this section as your family joins or returns to Sachems FC.

YOU CAN HELP YOUR SACHEMS FC CHILD. Supply plenty of love, recognition, support and encouragement. This allows your child to be confident, enjoy soccer more, and perform better in training and competition. Support your child unconditionally; do not withdraw love when your child performs poorly.

SUPPORT THE COACHES. A player develops best when he or she trusts and respects the coach. The coach's job is to motivate, teach, and constructively criticize each player's performance. Please recognize that our coaches use their extensive experience to best develop each player. Your child will probably try many different positions throughout his or her career. Sachems FC first concern is for the long term development of your child's soccer skills under pressure, and there will be times players are instructed to do things parents do not understand.

- Player and team development will sometimes be given a greater priority than winning.
- Encourage your child to talk with the coaches, "taking responsibilities", whether about playing difficulties or missing a match, etc.

COMMUNICATE THROUGH YOUR TEAM MANAGER. Remember, there is a time and place for everything. If you need information or wish to ask questions concerning team management or coaching decisions, please contact the team manager to obtain the information or to arrange a meeting with the coach. Concerns or criticisms are welcome, but should be expressed away from training sessions and games.

ATTEND TRAINING AS OFTEN AS YOU LIKE. You are encouraged to observe your child and to learn more about soccer. While parents are not allowed on the field during training, a good view can generally be found from the sidelines or in the stands

THERE WILL BE NO COACHING OR REFEREEING. No matter how good your intentions are; we insist there be no shouting instructions to your child or yelling (complaining) to the referees during games.

Sachems FC

Parent & Player Information 2009-2010



- Let the coach (soccer professional) run the team. Attempting to coach or instruct your child from the sideline is distracting and counterproductive for the player.
- Your vocal support and positive encouragement are welcome throughout good soccer play.
- Sachems FC insists that the voice of coach be the only voice at all games or training.

I agree to do the following;

- Refrain from coaching from the sidelines. Do not shout at any players. Leave the coaching to the coaches.
- Keep the winning of games in perspective. Player development is the most important thing. Encourage and support players. Do not place an unwarranted amount of pressure on the players, including post-game discussions.
- Ensure that players attend training and games regularly and on time.
- Give adequate notice for all absences from training and games. Be honest in all dealings with coaching staff.
- Attend all pre-arranged parent's meetings.
- Keep the coach fully informed of any injuries or matters that may affect performance.
- Advocate a healthy lifestyle that is appropriate to development.

Note: Parents wishing to speak to coaches about any issue relating to their child should e-mail in advance with a view to speaking to the coach at practice. Please refrain from addressing the coaches on the day of a game.

Signature: _____

Date: _____ Team B _____ or G _____

massachusetts