



## **Upgrade requirements: Grade 6 to Grade 5**

**Minimum age: 19**

**Experience: Referee: 150 games career cumulative, 50 of the 150 matches must be Amateur games or higher level. Assistant referee: 75 cumulative careers, 25 of the 75 matches must be Amateur games or higher level. PDL referee: 1 Documentation of these matches must be provided to the SDA.**

**Game Level: Any outdoor Amateur or higher United States Soccer Federation affiliated match.**

**Time in Grade: 12 months as a Grade 6 Referee**

**Training course requirements: 7 hours of U.S. Soccer training above annual certification, i.e. Vt. advanced course or regional pro clinic.**

**Written examination: 85% minimum score on U.S. Soccer State referee exam.**

**Field Assessment: Pass two evaluations as referee in an Amateur match or higher level,  
Pass one as assistant referee in an Amateur match or higher.**

**Passing score is required. 12 minute run: age under 38, 2400 m, 38-45,  
2200 m, over 45, 2000 m. 50 m dash: 9.0 seconds, all ages  
200 meter dash: 40.0 seconds for all ages.**

**Additional requirements: \*March 15 is the deadline to request an upgrade. All requests must be made to the State Director of Assessment.**

**All requirements must be completed within one year of the upgrade request.**