



Upgrade requirements: Grade 7 to Grade 6

Minimum age: 18

Experience: Referee: 100 games career cumulative, 25 of the 100 matches must be U19 or higher level. Assistant referee: 50 cumulative careers, 25 of the 50 matches must be U19 or higher level. PDL 4th official: 3

Documentation of these matches must be provided to the SDA.

Game Level: Any outdoor U19 or higher United States Soccer Federation affiliated match.

Time in Grade: 12 months as a Grade 7 Referee

Training course requirements: 19 hours of U.S. Soccer training above annual certification, i.e. Vt. advanced course or regional pro clinic.

Written examination: 75% minimum score on U.S. Soccer State referee exam.

Field Assessment: Pass one evaluation as referee in an affiliated U19 or higher level full 90 minute match employing the DSC. Pass one evaluation as an referee in an affiliated Amateur or higher level match employing the DSC. Pass one evaluation as an AR in a U19 or above match.

**Passing score is required. 12 minute run: age under 38, 2400 m, 38-45, 2200 m, over 45, 2000 m. 50 m dash: 9.0 seconds, all ages
200 meter dash: 40.0 seconds for all ages.**

Additional requirements: *March 15 is the deadline to request an upgrade. All requests must be made to the State Director of Assessment.

All requirements must be completed within one year of the upgrade request.